



Skin Prick Testing for Allergies

What is Skin Prick Testing?

Skin prick testing is a diagnostic procedure used to detect immediate IgE-mediated allergies, including food and environmental allergies (such as asthma and hay fever). This test is performed by Dr Will, during your consultation to provide high-quality allergy assessment for your child.

The Process:

- **Painless Testing:** Skin prick tests are generally painless and are performed on your child's back.
- **Reading the Results:** After the test, the results are read after 15 minutes, and they will be discussed with your family.

What We Can Test For:

We have the capability to perform skin prick tests using commercial extracts for common foods, including milk, eggs, and nuts, as well as some environmental allergens like house dust mites, animal dander, pollens, and molds.

Bringing Your Own Food:

For some specific food items without commercial extracts, families may be required to bring the food to the appointment. The quantity needed is no more than a 20-cent coin size, and the foods must be individually and securely stored in snap-lock bags to prevent contamination.

Medication Precautions:

Please refrain from administering antihistamines (e.g., Zyrtec, Claratyne, Telfast, Phenergan), and some other medications for at least 5 days before the skin prick test, as they may interfere with the accuracy of the results.

Safety Measures:

Despite the very low risk of side effects, a consent form must be signed for the tests, which are conducted under careful supervision. As a precaution, we carry oxygen, adrenaline, and antihistamines to address extremely rare cases of allergic reactions to the test.

Your child's well-being and accurate allergy diagnosis are our top priorities. If you have any questions or concerns, please feel free to discuss them with our team.

Skin prick testing (if applicable)

I consent to my child having skin prick testing to help in the assessment of allergic disease, being aware that there is a very small risk of reaction.

Signature: _____

Parent name: _____